

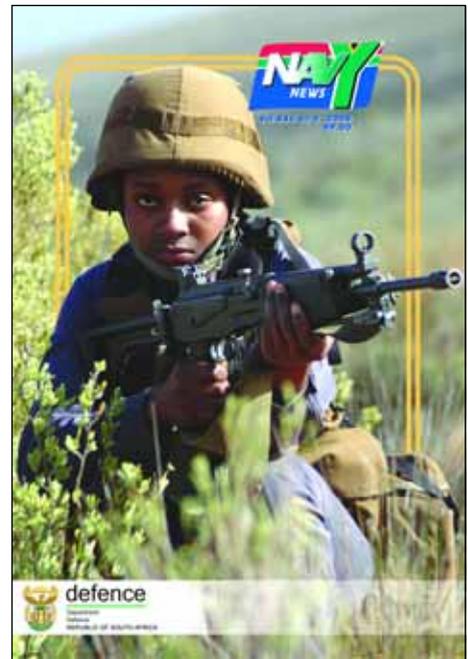
Edition No 4 of 2006 Other articles include :-

Blips on

* HR Conference - Re-engineering the Backbone of the Navy (Warrant officers' and Senior Rates' Conference)* Souther Atlantic and Indian Ocean Ship Working Group Workshop held at Sil;vermine * Retired Royal Naval Hydrographer visits SA Naval Museum* Indian Defence Sec visits C Navy * Reduce, Re-use and Recycle * Siemens gives Fleet Command its seal of approval *Environmental Awards * Bertie Reed Inducted to Museum of Yachting's Hall of Fame * Gymnasium Recruits Honour Guard for Chinese Premier visit to SA * Farewell to three stalwarts

Articles on

* World Hydrographic Day * 5 lone ladies of the RDF * SAS *Isandlwana* Ship's Company on location * Isandlwana's history * Jabu makes Music - the SA Navy Band's new Bandmaster * Table-top Admirals * - and the Real Thing * Around the World, Again (200 years later) - Russian Sail Training Ship *Kruzenshtern* visits the Cape * Book Review : *Borderstrike! South Africa into Angola* by Willem Steenkamp * WP aces SANDF Soccer Champs * Washie 100 * No mean "feat" * Lion of Africa Ladies' Sailing Race



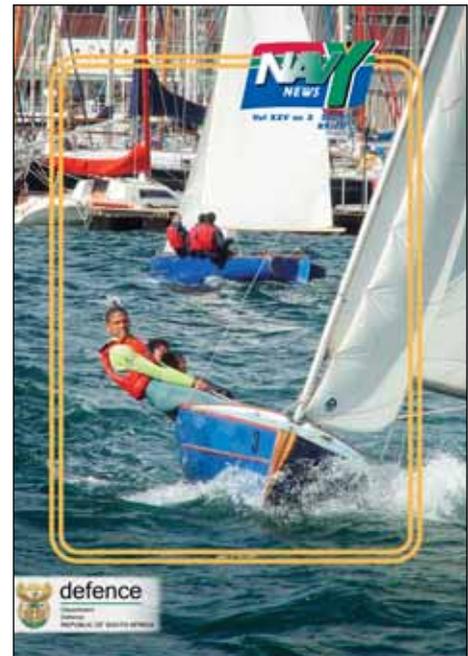
Edition No 5 of 2006 Other articles include :-

Blips on

* The Navy on Show - Robertson, Kimberley, Welkom, Saldanha, even Farnborough Air Show! * The Softer Side of the Navy in Tshwane * What Women Want - a Women's DIY workshop * Dep Minister face to face with the MSDs * A Poignant Reunion * Women's Marches * A Fitting Tribute to a Great Man * Another Fairer Admiral * and Another First for Lt Cdr Clulee

Articles on

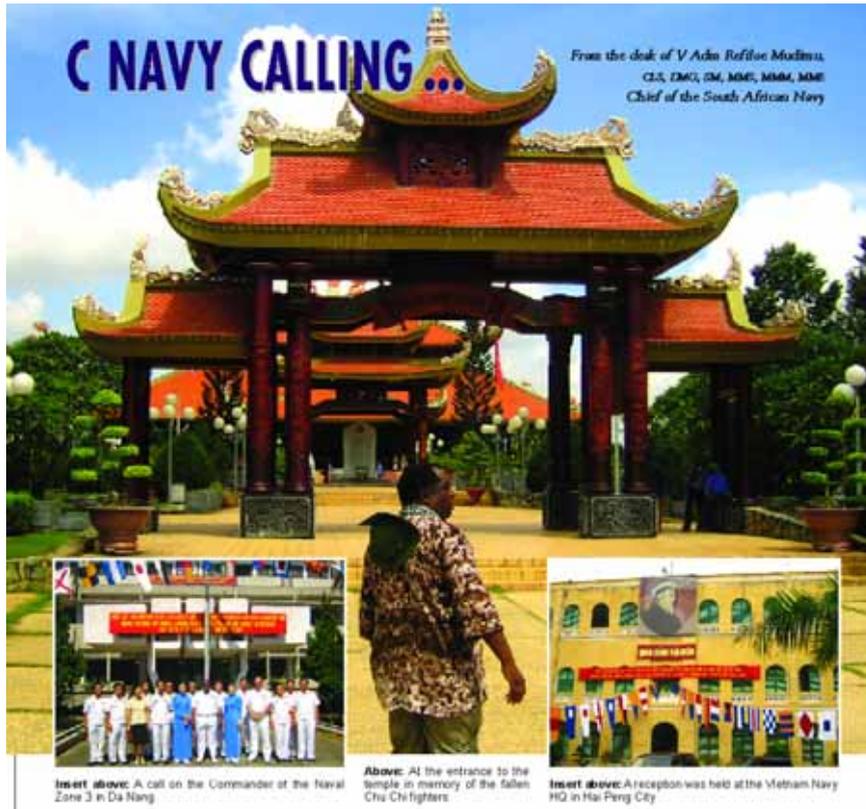
* SA Naval Reserve Update (incl Exercise Deep Blue) * Making a REAL Difference - the Navy in Knysna) * An Open Window on Naval College Gordon's Bay (incl Gala evening) * Training with the French Navy's Training Squadron * Navy News' Roving Camera * Spring Cleaning - Navy Style (incl International Coastal Cleanup, Beach Cleanup at Kalk Bay Harbour, Divers Clean Yacht Basin, Greening the Dockyard and River Cleanup at Waterfall) * Casual Day * Some Straight Talk about Alcohol Abuse * Book Review - *Mimi and Toutou Go Forth (The Bizarre Battle of Lake Tanganyika)* * SAS *Saldanha* Sports Day * Navy Member at Berlin Marathon



More ...

Teasers of feature articles follow

Remember, the teasers are just that - a tease, a taste of a lot more to be found in the magazine. Want to see more? Subscribe to Navy News Magazine! Just click on "Subscription" or call 021 7874808 for further information.



Chief of the Navy visits Vietnam

A fascinating account first hand from V Adm Mudimu of his trip to Vietnam and many beautiful photographs to give readers a glimpse into a country about which so little is known... an extended C Navy Calling on pages 2 -4

Personally from Pakistan

Article by Delle Jacobson Photos by AB Martin Venter

Two interesting visitors sailed into False Bay and were shepherded into harbour in Simon's Town in July. They were the Pakistani Navy ships PNS *Badr* (photo top right) and PNS *Nasr* (photos far left), come to pay an informal visit to the SA Navy in Simon's Town and strengthen the existing bonds between the two Navies... see page 15 for more



Malibongwe!

Article by Delle Jacobson Photos by Delle Jacobson and Matthew Stow

At a glittering, star-studded awards ceremony, R Adm (JG) Khanyesile Litchfield Tshabalala shone the Navy's torch right up there with some of the country's most distinguished women achievers. At the Shoprite Checkers SABC2 Women of the Year Awards of 2006, R Adm Litchfield Tshabalala was a nominee - and winner - in the category for Arts Culture and Communication. Read more on page 14 about the sparkling event and the work which qualified her for this award.

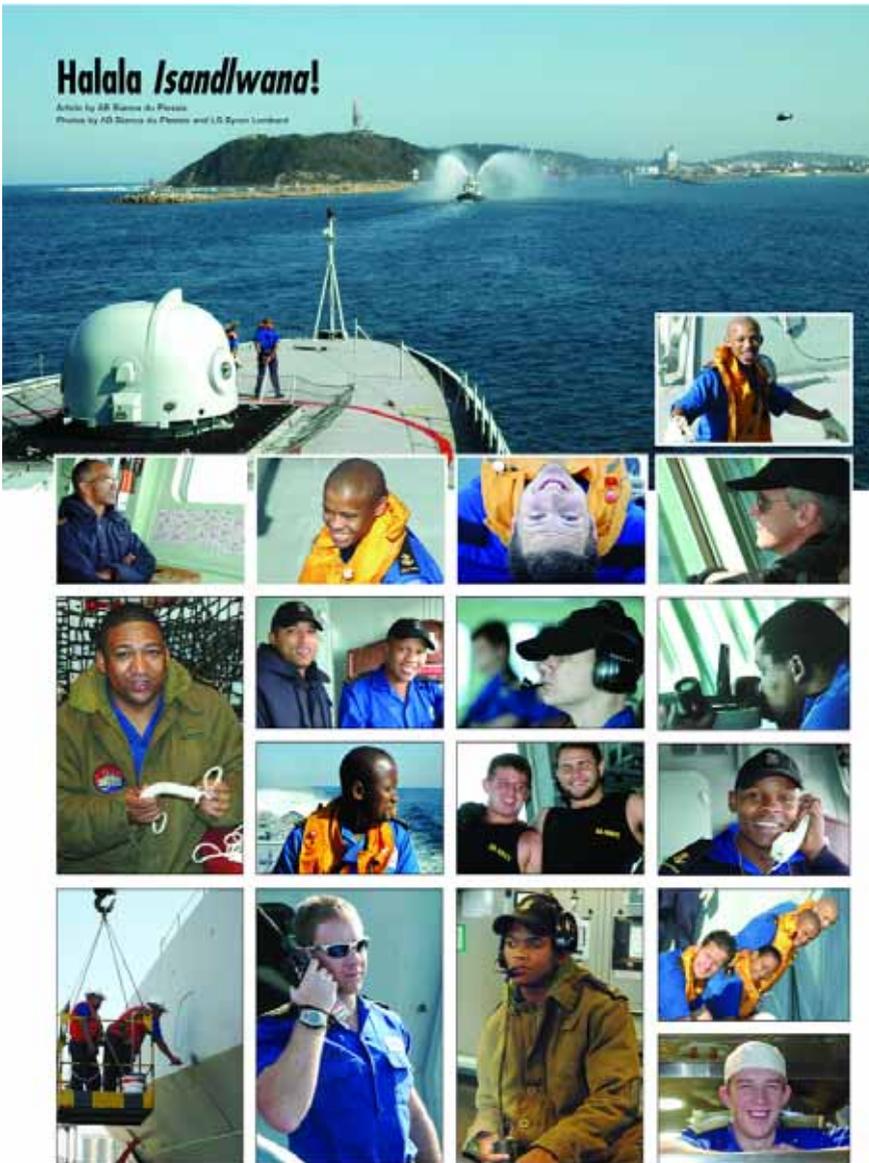




RDF Training in Touwsriver

Article and photos by Karen Engledow

104 men and 5 women went through some intense training under extreme conditions as part of the development training for the Rapid Deployment Force (RDF) at Touwsriver recently. Touwsriver is a remote area between Worcester and Ceres and close to Sutherland in the Western Cape, which is one of the coldest places in the Southern Hemisphere. Turn to pages 16 - 19 for more about this fledgling force (now called the Marine Reaction Squadron)



“On behalf of the Government of South Africa, I now commission SAS *Isandlwana* for use by the South African National Defence Force” said Minister of Defence, Honorable Mosiuoa Lekota during the commissioning of the Navy’s second MEKO A-200 frigate, SAS *Isandlwana* in Naval Station Durban on 27 July. A 19-Gun Salute was fired from SAS *Amatola* on the arrival of the Minister of Defence... Read about this sparkling occasion and enjoy the ‘royal’ visuals... pages 20 - 21

Members of *isandlwana*’s Ship’s Company visited the historical site of the Battle of Isandlwana for which the ship is named. Read about the history behind the name on page 22 ...



Amatola Into Africa -(Interop West)

Article and photos by CPO Nolan Herne

SAS *Amatola* sailed on her first international operation, Inter-Op West on 19 May 2006. The command aim was promulgated as, “ensuring that the ship and her crew arrive in Lagos in order to take part in the Nigerian Navy’s 50th anniversary”. The command priority was to “move”...

The event would be celebrated by inter alia, a fleet review in Lagos harbour with President Olesegun Obasanjo of Nigeria as the reviewing officer. The deployment also included official visits to the ports of Limbe in Cameroon, Libreville in Gabon and the exotic island of Sao Tome. Read more of CPO Herne’s account of the complex workings of a South African Navy frigate on deployment and the impact of providing a presence “into Africa”.. pages 26 - 31



Ladies Sports Day

Article by WO' Nigel Riley. Photos by Karen Engledow



The 8th Western Cape SANDF ladies sports day started off in cold and wet conditions that was more conducive to soup, hot chocolate and a fire place than braving the weather to play sport. This however did not deter about 750 ladies of all ages from having a wonderful day. Have a laugh and enjoy the fun with the ladies on page 42...

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Teasers

The Wardroom of SAS *Immortelle* was the setting for a rather unique form of formal "mess" dinner, held courtesy of Chief of the Navy; the invited guests? All ladies! The only males present were those serving the food, two of the musicians hired to provide entertainment and WO¹ Shaun Booth who very kindly agreed to demonstrate the bosun's call.

This was a formal Ladies Night held especially to allow the wives of Naval officers (and each one could bring a lady friend) exposure to some of the strange, unique and often quaint Naval traditions and customs. A fun evening for these lucky ladies.. see page 10



Below: Mrs Msengana, wife of the Naval Chaplain in Pretoria.

Above far left and right: Chief of the Navy addresses the ladies prior to the dinner



Above left: Capt Monica Josias gave the traditional toast. Above right: Pouring the port (oh so carefully!)

Above left: Mrs Mudimu addresses the ladies at the dinner. Seated next to her is Capt Lisa Hendricks. Above second from the left: Gales of laughter greet the 'defaulter's' joke! Above far right: VIP guest Mrs Ngwenya



Hey Ho King Neptune DIVEX 06 "On the road again"

Early on Sunday morning, 13 August 2006, the bus was idling and the race was already on! From Warrant Officers to seaman, there was only one goal ... THE WINDOW SEAT!

The difficulty of reaching this goal increased when considering that the aforementioned were clutching their coolerbags, pillows and various other traveling necessities. As past experience has proven, divers typically compete for everything. As soon as the 'sibling rivalry' and male bravado subsided, out came the legendary diving songs.

The official aim of DIVEX 06 was "To evaluate diving teams deployed to remote areas within the African Battle Space"; the primary objective being to prove sustainability of diving operations in an area that is not within the normal logistic and support lines of the SA Navy. Read the full story on pages 26 - 29 ...



A means to an end...

Although "Murphy's law" was ever-present, in the long run most objectives were achieved. There were some low points and the absence of some members was felt by the majority who were present; valuable lessons were learned and DIVEX '06 was a definite success!

Thank you to all who participated and to all who supported this much-needed and essential exercise.





Beziduma Kanje e Dürban!*

Article and photos by CPO Nolan Herne

+ Things were really HAPPENING in Durban

On 1 September, C Navy and his invited guests were royally entertained by the SA Navy Band at the Playhouse Theatre in Durban. The SA Navy's various stakeholders in Kwa Zulu-Natal received a world-class performance of a medley of African and international musical items by our world-class musicians. See page 30 for more ...

AND.. While the Navy Band was in Durban for the Gala Concert, they also spread their rhythms in the township of Umlazi, sharing the great bond that music affords all people everywhere. Bandmaster WO1 Jabu Mkhize could really relate... read why and what they got up to on page 31...



And in Umlazi ...

Article and photos by CPO Nolan Herne

"BATHO PELE", More Than Just an Initiative!

A report by CPO Nolan Herne

American sociologist and life-coach, Dr Martha Beck, once said, "the meaning of life is not what happens to people, it's what happens between people". These words come to mind when one sees the willingness and effort of the staff of Communications Centre (Comcen) Durban and Naval Station Durban in their community upliftment drive. Read further on page 32 about "Operation Bobby Bear" and all the wonderful work being done by these generous-spirited Navy members...



Naval Pentathlon 2006

Article by SLt Cara Kapp Photos by Cdr Carl Gerstner and Lt Cdr Keith Abrahams



World Championships - Istanbul, Turkey

The Naval Pentathlon team left for Istanbul on 29 June 2006 after intensive training that stretched over a period of 3 months. The team left a cold and rainy South Africa for the very hot and humid conditions in Turkey, in order to compete against pentathletes of 16 other navies during the 43rd Naval Pentathlon World Championships. For the full story, read page 42 ...

In two historic high-ceilinged rooms next to the Bowling Club at Wynberg's Military Sports Club, the air is filled with grunts and thuds and the swish of fists and feet through air. The mood is electric and every eye is focussed on the ring as two dedicated practitioners of the craft face off, pitting their strength, stealth, speed and training against one another.

This is the 2006 SANDF Martial Arts Championships which ran from 20 - 25 August, and 15 of the best of the local club's 30-odd members joined around 55 other tough contenders from around the country to vie for a place on the Defence team to compete in the All Africa Tournament in Abuja Nigeria in February 2007. For the whole story and great photos-- see page 45.



Getting a real kick out of their sport

Article by WO' Graham Harman
Photos by AJ Martin, Venter



"Hell hath no fury like a woman scorned"



Sgt Letani Baily from the Military Police Agency, Wynberg is a former SA Junior Springbok



S Sgt Josh Cloete thanks the participants at the prize-giving ceremony



Guest Speaker, Henry Paulse, is a Deputy Director at the Sports and Recreation's Western Cape Dept



Lt Sihone (left) went on to achieve a 3rd place in Kick-Boxing at the SA Championships



Two proponents of Kyo Kushin in full swing



At the prize-giving (ftr) : Sgt Dennis BogenHagen (2005 World Sports Karate Champ and former WP Defence Sportsman of the Year), Maj Gerhard Janse van Rensburg (Vice-Chairman of SANDF Martial Arts Club) and Maj Andrew April (Chairman of SANDF Martial Arts Club)